

OSHA 300a summary sheet

Volunteer fire department, how to figure total number hours worked:

Take total number of calls for that year, times the average number of members on each call, times the average amount of time spent on each call.

Example: 100 calls,

4 members per call,

2hrs avg per call,

$100 \times 4 = 400$ man hours \times 2hrs avg per call = 800 hours.

Also

Figure total hours spent training by looking at the training attendance rosters.

Simple example: meet once per month = 12. Say 15 people each time and training lasted 2 hours.

$12 \times 15 = 180$ $180 \times 2 = 360$ hours for training.

Add the 800 hours for calls to the total hours spent training 360.

$800 + 360 = 1160$ this will be the best estimate to enter on total number hours worked.